

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

NOVEMBER

MEMBERSHIP \$95/ MONTH

Diva Den STUDIO 1 YEAR CELEBRATION



INCLUDES: ALL CLASSES! ALL SOCIALS!

SIGN UP TODAY!!

Table with 3 columns: Time, Class Name, Instructor. Includes classes like Step & Sculpt, CORE & Stretch-45min, Salsa/Bachata Level 3-4, West Coast Swing, and Casino Rueda. Includes a note: * Indicates Instructor Approval REQUIRED.

Table with 3 columns: Time, Class Name, Instructor. Includes classes like Body Sculpt, Dance Mix, Hard CORE - Booty, Comin in HOT, West Coast Swing, Salsa/Bachata, and Intro Argentine Tango. Includes Mid-Week Practica for West Coast Swing and Arg Tango.

Table with 3 columns: Time, Class Name, Instructor. Includes classes like Meet Me at the BARRE, CORE & Stretch-45min, BARRE Mixer, Latin Groove, 503 Cardio Groove, Cha Cha Level 1, Salsa/Bachata Level 1, Casino Rueda Level 1 & 2.

Table with 3 columns: Time, Class Name, Instructor. Includes Power Pilates, ReFit, and a box for PRIVATE EVENT RENTALS.

Table with 3 columns: Time, Class Name, Instructor. Includes REV+Flow, Mixed Tape, and a box for PRIVATE EVENT RENTALS.

Table with 3 columns: Time, Class Name, Instructor. Includes Comin in HOT, TONE & Stretch, Country 2-Step, Waltz, and Salsa/Bachata. Includes 2 ROOM SUNDAY SOCIAL BALLROOM SALSA & BACHATA.

Table with 3 columns: Time, Class Name, Instructor. Includes Power Hour, Mixed Tape, Hard CORE - Arms, Dance Fit, Argentine Tango, and Lindy Hop.

Table with 3 columns: Time, Class Name, Instructor. Includes Step & Sculpt, CORE & Stretch-45min, ReFit, Salsa/Bachata, West Coast Swing, and Casino Rueda.

Table with 3 columns: Time, Class Name, Instructor. Includes Body Sculpt, Dance Mix, Hard CORE - Booty, Comin in HOT, West Coast Swing, Salsa/Bachata, and Intro Argentine Tango. Includes Mid-Week Practica.

Table with 3 columns: Time, Class Name, Instructor. Includes Meet Me at the BARRE, CORE & Stretch-45min, BARRE Mixer, Latin Groove, 503 Cardio Groove, Cha Cha Level 1, Salsa/Bachata, and Casino Rueda.

FRIDAY FUSION 3 ROOMS of DANCING Country Mix, Salsa and Bachata. Lessons at 7:45 & 8:30PM. See website for more INFO. \$15, 2 for \$20 or Membership.

Table with 3 columns: Time, Class Name, Instructor. Includes REV+Flow, Mixed Tape, and a box for PRIVATE EVENT RENTALS.

Table with 3 columns: Time, Class Name, Instructor. Includes Comin in HOT, TONE & Stretch, ALL AGES FOLK DANCE SOCIAL, Country 2-Step, Waltz, and Salsa/Bachata. Includes PRIVATE EVENT RENTALS box.

Table with 3 columns: Time, Class Name, Instructor. Includes Power Hour, Mixed Tape, Hard CORE - Arms, Dance Fit, Argentine Tango, and Lindy Hop.

Table with 3 columns: Time, Class Name, Instructor. Includes Step & Sculpt, CORE & Stretch-45min, ReFit, Salsa/Bachata, West Coast Swing, and Casino Rueda.

Table with 3 columns: Time, Class Name, Instructor. Includes Body Sculpt, Dance Mix, Hard CORE - Booty, Comin in HOT, West Coast Swing, Salsa/Bachata, and Intro Argentine Tango. Includes Mid-Week Practica.

Table with 3 columns: Time, Class Name, Instructor. Includes Meet Me at the BARRE, BARRE Mixer, Latin Groove, 503 Cardio Groove, Cha Cha Level 1, Salsa/Bachata, and Casino Rueda.

Table with 3 columns: Time, Class Name, Instructor. Includes Power Pilates, ReFit, and a box for PRIVATE EVENT RENTALS.

Diva Den STUDIO 1 YEAR CELEBRATION. 9:30 - 11:30AM Diva Den Mash-up and Anniversary Celebration.

Table with 3 columns: Time, Class Name, Instructor. Includes Comin in HOT, TONE & Stretch, Country 2-Step, Waltz, and Salsa/Bachata. Includes 2 ROOM SUNDAY SOCIAL WEST COAST SWING SALSA & BACHATA.

Table with 3 columns: Time, Class Name, Instructor. Includes Power Hour, Mixed Tape, Hard CORE - Arms, Dance Fit, Argentine Tango, and Lindy Hop.

Table with 3 columns: Time, Class Name, Instructor. Includes Step & Sculpt, ReFit, Salsa/Bachata, West Coast Swing, and Casino Rueda.

Table with 3 columns: Time, Class Name, Instructor. Includes Body Sculpt, Dance Mix, Hard CORE - Booty, Comin in HOT, West Coast Swing, Salsa/Bachata, and Intro Argentine Tango. Includes Mid-Week Practica.

HAPPY THANKSGIVING. 9-10:30AM Turkey Burn Mash-UP.

FRIDAY FUSION GLOW PARTY 3 ROOMS of DANCING Country Mix, Salsa and Bachata. Lessons at 7:45 & 8:30PM. See website for more INFO. \$15, 2 for \$20 or Membership.

Table with 3 columns: Time, Class Name, Instructor. Includes REV+Flow, Mixed Tape, and a box for PRIVATE EVENT RENTALS.

Table with 3 columns: Time, Class Name, Instructor. Includes Comin in HOT, TONE & Stretch, Country 2-Step, Waltz, and Salsa/Bachata. Includes PRIVATE EVENT RENTALS box.

Table with 3 columns: Time, Class Name, Instructor. Includes Power Hour, Mixed Tape, Hard CORE - Arms, Dance Fit, Argentine Tango, and Lindy Hop.

Table with 3 columns: Time, Class Name, Instructor. Includes Step & Sculpt, ReFit, Salsa/Bachata, West Coast Swing, and Casino Rueda.

Table with 3 columns: Time, Class Name, Instructor. Includes Body Sculpt, Dance Mix, Hard CORE - Booty, Comin in HOT, West Coast Swing, Salsa/Bachata, and Intro Argentine Tango. Includes Mid-Week Practica.

DROP-IN CLASS RATES: Fitness Classes \$15 - \$20/Class, Dance Classes \$19 - \$24/Class, Practice Passes \$6 - \$11/HR. SOCIALS: SUN: \$10 or INCLUDED in Membership, WED: \$10 or INCLUDED in Membership, FRI: \$15/2 for \$20/ INC in Membership. SEE DETAILS ON ZEN PLANNER ONLINE.

INSTRUCTOR KEY: AJ Ayana Johnston, AV Amy V, BC Brenda Carlson, BK Brooke Kollie, BR Brenda Russell, DB Dominic Bridge, DR Debbie Rakfeldt, EZ Eric Zimmer, JF Joe Ferreira, JC Jana Corneliusen, JH Janet Hewitt, KB Kristina Boulanger, LA Luke Adams, LT Lauri Tauscher, MS Miles Schofield, MV Miguel Vazquez, NT Nicki Taylor, PV Paul Venecia, SG Shawn Gardner, SM Sierra Mullins, SO Sarah Olson, SR Syd Reed, TB Tim Bauer, TR Tim & Ro.

Table with 3 columns: Time, Class Name, Instructor. Includes REV+Flow, Mixed Tape, and a box for PRIVATE EVENT RENTALS.